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FOR IMMEDIATE RELEASE August 31, 2020

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Hurley, WI- Iron County Public Health is reporting **123** positive COVID Iron County residents, including **101** recovered, **5** ever hospitalized, **1350** negative test results and **1** death.

COVID-19 is still spreading across Wisconsin communities. We can all do our part to protect our communities by limiting contact with others and avoiding nonessential trips out in the community as much as possible.

We know that many people do not have a choice of where they work or live, and that some cannot engage in prevention practices because of underlying conditions. We must come together as a community to protect each other. It is important for each of us to think about how our choices might harm others we come into contact with. Every contact you have with others puts you at more risk to get sick or to spread COVID-19 to your friends, family, and members of your community.

You may have questions about what to do if you must work or be out in the community, if you or someone you live with is at a higher risk from COVID-19, or if you or someone you live with get sick. You may also have questions about how to use hand sanitizer and cloth face coverings, when to self-quarantine, or how to access health care if you get sick. The Wisconsin Department of Health Services (DHS) has created a **COVID-19: Decision Tool for Individuals and Families** that can help answer these questions and help you think through how your decisions might impact yourself and the people you are in contact with. The tool is available at www.dhs.wisconsin.gov/covid-19/decision.htm.

Regardless of your risk, it is always important to follow these best practices:

- Stay home if you are experiencing any [symptoms of COVID-19](#) to avoid infecting others and [get tested](#) if you haven't already.
- Avoid close contact with people who are sick.
- Wash your hands frequently with soap and water or use hand sanitizer with at least 60% alcohol if soap and water are unavailable.
- Avoid touching your eyes, nose, and mouth with unwashed hands.

- Cover your cough or sneeze with a tissue, then throw the tissue in the trash and wash or sanitize your hands.
- Wear a cloth face covering if you are able to do so. Some people cannot wear a cloth face covering safely. Cloth face coverings should not be placed on children under age 2, anyone who has trouble breathing, or anyone who is unable to remove the covering without help. In addition to medical considerations, previous traumatic experiences or fear of racial profiling or discrimination may also keep an individual from wearing a cloth face covering safely. Access to multiple, clean, or appropriate face coverings may also be a barrier.
- Avoid physical interaction or direct contact with and maintain at least 6 feet of physical distance between yourself and others who don't live with you.
- Clean and disinfect frequently touched objects and surfaces.

Check the Iron County web page and Facebook for updates and alerts.

www.ironcountypublichealth.org

www.facebook.com/ironcountyhealthdepartment

More helpful links

Wisconsin DHS Cases map: www.dhs.wisconsin.gov/covid-19/cases-map.htm

Wisconsin DHS Decision tool: www.dhs.wisconsin.gov/covid-19/decision.htm

CDC "Deciding to Go Out" information: www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/deciding-to-go-out.html

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Graphic: Wisconsin DHS COVID-19 Decision Tool for Individuals and Families